



THE MARY PARRISH CENTER

OUR MISSION is to provide survivors of interpersonal violence and their children safe, accessible and compassionate housing with individualized care that promotes healing, autonomy and hope.

The background image shows a cozy living room. On the left, a dark wood side table holds a lamp with a white shade and a small glass bowl of greenery. In the foreground, the back of a light-colored, tufted sofa is visible. On the right, a white door is decorated with a vibrant fall wreath featuring sunflowers and pumpkins. The scene is brightly lit, suggesting a sunny day.

WHAT IS THE MARY PARRISH CENTER?

The Mary Parrish Center is a nonprofit organization dedicated to providing transitional housing for survivors of domestic violence, dating violence, sexual assault, and/or stalking. Survivors can stay in our program for up to two years. Throughout their entire stay, we cover the costs of rent and utilities—eliminating one of the most significant barriers that survivors face in leaving an abusive relationship and becoming safe. In addition to safe, fully-furnished apartments, we offer a wide range of flexible and optional support services designed to enhance survivors' autonomy by nurturing their capacity to live independently, establish self-sufficiency, and secure permanent housing.



WE ARE Housing First | Trauma Informed | Survivor Focused

OUR SERVICES INCLUDE

THERAPY

Individual, group, and family therapy for adult and child clients, including evidence-based trauma therapies such as EMDR, Trauma-Focused Cognitive Behavioral Therapy and Parent-Child Interaction Therapy

CRISIS INTERVENTION

Brief crisis intervention for our clients, and phone support and referrals for survivors in need

CASE MANAGEMENT

Intensive case management to help our clients maximize their financial stability by increasing their access to mainstream resources and helping them budget effectively

HOUSING ADVOCACY

Housing advocacy to help our clients plan for and remain in secure permanent housing.

FINANCIAL ASSISTANCE

Emergency financial assistance to help meet the basic needs of our clients such as transportation, food, and healthcare expenses

ENRICHMENT ACTIVITIES

Enrichment activities such as health education sessions, Nashville Symphony performances, art classes, and more

DOMESTIC VIOLENCE IS...

A pattern of coercive and assaultive behaviors that one former or current intimate partner—spouse, boyfriend or girlfriend—uses to have power and control over the other. It can be physical, sexual, emotional, financial, or digital, and it can happen to anyone of any race, age, sexual orientation, religion, socio-economic status, or gender:



DID YOU KNOW?

- 1 in 3 women, and 1 in 4 men experience domestic violence in their lifetime.
- Tennessee is ranked in the top 5 most dangerous states for women.
- Metro Nashville Police Department reported 25,383 cases of domestic violence (including 14 homicides) in 2017.
- Domestic violence is the leading cause of homelessness for women and children in the United States.



HEALING STARTS WITH YOU.

Get involved as a volunteer or make a gift to help us enable survivors of domestic and sexual violence to heal from their abuse, reclaim their autonomy, and reawaken their hopes and dreams.

Take action today by completing a volunteer application or submitting a donation on our website.



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